

THE GELBOTTLE INC

# SOFT BIAB™

APPLICATION GUIDE



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Within our BIAB™ range we have five formulations, including Hard BIAB™, covered within its own guide. A good understanding of the differences is important to get the most out of these products.

### ORIGINAL BIAB™:

Create beautiful BIAB™ overlays and strengthen the natural nail with the Original Builder In A Bottle™. Self-levelling with long-lasting strength and a flawless finish, Original BIAB™ is a kit essential for builder gel manicures.

### ALL-IN-ONE BIAB™ TPO-FREE:

All-In-One BIAB™ TPO-Free was created to pair perfectly with DesignEx Pro™ for express nail extensions and short to mid nail overlays. With a built-in base and soak-off formula, it's a staple to help you cater to every client.

### TPO & HEMA-FREE BIAB™:

Explore our range of TPO and HEMA-Free BIAB™ formulas, created to help you cater to clients with sensitivities and for nail techs who want to move away from common sensitisers.



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### ORIGINAL BIAB™

## STEP 1: NAIL PREP

- Sanitise your and your customer's hands.
- Use a cuticle pusher — like ProPrep from our TGB Tools Range — to push back the cuticles before trimming away excess with nippers. We recommend the ProNip cuticle nippers for this.
- File nails into the desired shape using a TGB 220/240 File.
- Gently buff nails using a TGB 100/180 Buffer to remove any shine.
- Dehydrate and cleanse the nail plate using 100% pure acetone.

## STEP 2: FIRST LAYER

- Apply a thin layer of your Original BIAB™ to the natural nail.
- Cure for 99 seconds on Low Heat Mode in the TGB Lamp.

NB: As with all advanced builder gels, optimal results depend on precise prep, correct curing and nail type consideration. For certain nail types (like clients with oily, flexible, or high-impact nails) layering it over Rubber Base can enhance adhesion while maintaining a fully professional system.

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### ORIGINAL BIAB™

## STEP 3: SECOND LAYER

- Apply a medium bead of Original BIAB™, spreading from side to side and dragging away from the cuticle area. Avoid thick build-up around the free edge.
- Build and cure one nail at a time and turn the hand over to help create the apex.
- Cure for 99 seconds on Low Heat Mode in the TGB Lamp.

## STEP 4: THIRD LAYER

- Apply a second medium bead of Original BIAB™, if the structure requires. Spread from side to side and drag away from the cuticle area. Avoid thick build-up around the free edge.
- Build and cure one nail at a time and turn the hand over to help create the apex.
- Cure for 99 seconds on Low Heat Mode in the TGB lamp.

## STEP 5: REFINE

- Remove the tacky layer with acetone or isopropyl alcohol.
- Refine the nail using a TGB 120/180 File.
- Buff into shape using a TGB 100/180 Buffer, concentrating on reducing the product around the cuticle area and the free edge.
- Remove any dust with the Dusting Brush and wipe with isopropyl alcohol.

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### ORIGINAL BIAB™

## STEP 6: TOP COAT LAYER

- If nails are to be finished with TGB Gel Colour, follow the 'TGB Gel Polish Application' steps.
- Apply your chosen TGB Top Coat.
- Cure using the TGB lamp for 60 seconds.
- Apply a small amount of Cuticle Essence to each cuticle, avoiding contact with the nail to minimise dulling of the top coat.



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### ALL-IN-ONE BIAB™ TPO-FREE

## STEP 1: NAIL PREP

- Sanitise your and your customer's hands.
- Use a cuticle pusher — like ProPrep from our TGB Tools Range — to push back the cuticles before trimming away excess with nippers. We recommend the ProNip cuticle nippers.
- File nails into the desired shape using a TGB 220/240 File.
- Gently buff nails using a TGB 100/180 Buffer to remove any shine.
- Dehydrate and cleanse the nail plate using 100% pure acetone.

## STEP 2: FIRST LAYER

- Apply a thin layer of your chosen All-In-One BIAB™ TPO-Free to the natural nail.
- Cure for 99 seconds on Low Heat Mode in the TGB lamp.

NB: As with all advanced builder gels, optimal results depend on precise prep, correct curing and nail type consideration. For certain nail types (like clients with oily, flexible, or high-impact nails) layering it over Rubber Base can enhance adhesion while maintaining a fully professional system.

## STEP 3: SECOND LAYER

- Apply a medium bead of All-In-One BIAB™ TPO-Free, spreading from side to side and dragging away from the cuticle area. Avoid thick build-up around the free edge.
- Build and cure one nail at a time and turn the hand over to help create the apex.
- Cure for 99 seconds on Low Heat Mode in the TGB lamp.

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### ALL-IN-ONE BIAB™ TPO-FREE

#### STEP 4: THIRD LAYER

- Apply a second medium bead of All-In-One BIAB™ TPO-Free, if the structure requires. Spread from side to side and drag away from the cuticle area. Avoid thick build-up around the free edge.
- Build and cure one nail at a time and turn the hand over to help create the apex.
- Cure for 99 seconds on Low Heat Mode in the TGB lamp.

#### STEP 5: REFINE

Leave the nails as they are, or choose to refine and add a Top Coat for maximum shine and longevity.

- Remove the tacky layer with acetone or isopropyl alcohol.
- Refine the nail using a TGB 120/180 File.
- Buff into shape using a TGB 100/180 Buffer, concentrating on reducing the product around the cuticle area and the free edge.
- Remove any dust with the Dusting Brush and wipe with isopropyl alcohol.

#### STEP 6: TOP COAT LAYER

- If nails are to be finished with TGB Gel Colour, follow the 'TGB Gel Polish Application' steps.
- Apply your chosen TGB Top Coat.
- Cure using the TGB lamp for 60 seconds.
- Apply a small amount of Cuticle Essence to each cuticle, avoiding contact with the nail to minimise dulling of the top coat.



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### TPO & HEMA-FREE BIAB™

## STEP 1: NAIL PREP

When working with HEMA-free products, natural nail prep should be slightly adjusted.

- Sanitise your and your customer's hands.
- Use a cuticle pusher — like ProPrep from our TGB Tools Range — to push back the cuticles before trimming away excess with the ProNip cuticle nippers.
- File nails into the desired shape using a TGB 220/240 File.
- Lightly etch the nail plate using the 100 grit side of a TGB 100/180 Buffer, particularly around the cuticle area and sidewalls to maximise retention.
- Dehydrate and cleanse the nail plate using 100% pure acetone.

## STEP 2: BASE LAYER

When working with HEMA-free products, using a base coat before BIAB™ application can improve retention across different nail types.

- Apply a thin layer of either Rubber Base or Bond Base to the prepped natural nail.
- Cure for 99 seconds on Low Heat Mode in the TGB lamp.

NB: If working on a client with a confirmed HEMA allergy, you must use a full HEMA-free system, such as Bond Base, Glow Top and our HEMA-free gel range.

## STEP 3: FIRST LAYER

- Apply a medium bead of TPO & HEMA-Free BIAB™, spreading from side to side and dragging away from the cuticle area. Avoid thick build-up around the free edge.
- Build and cure one nail at a time and turn the hand over to help create the apex.
- Cure for 99 seconds on Low Heat Mode in the TGB lamp.

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### TPO & HEMA-FREE BIAB™

## STEP 4: SECOND LAYER

- Apply a second medium bead of TPO & HEMA-Free BIAB™, if the structure requires. Spread from side to side and drag away from the cuticle area. Avoid thick build-up around the free edge.
- Build and cure one nail at a time and turn the hand over to help create the apex.
- Cure for 99 seconds on Low Heat Mode in the TGB lamp.

## STEP 5: REFINE

- Remove the tacky layer with acetone or isopropyl alcohol.
- Refine the nail using a TGB 120/180 File.
- Buff into shape using a TGB 100/180 Buffer, concentrating on reducing the product around the cuticle area and the free edge.
- Remove any dust with the Dusting Brush and wipe with isopropyl alcohol.

## STEP 6: TOP COAT LAYER

- If nails are to be finished with TGB Gel Colour, follow the 'TGB Gel Polish Application' steps.
- Apply your chosen TGB Top Coat.
- Cure using the TGB lamp for 60 seconds.
- Apply a small amount of Cuticle Essence to each cuticle, avoiding contact with the nail to minimise dulling of the top coat

NB: If working on a client with a confirmed HEMA allergy, you must use a full HEMA-free system, such as Bond Base, Glow Top and our HEMA-free gel range.



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### BIAB™ REMOVAL

#### STEP 1: PREP

- Sanitise your own and your customer's hands.

#### STEP 2: TOP COAT REMOVAL

- Using a TGB 120/180 File or E-File, remove the top coat.
- HEMA-free formulas may soak off differently due to reduced flexibility. When using TPO & HEMA-free systems, we recommend debulking the product further with a TGB 120/180 File or E-File before soaking the remaining base layer.

#### STEP 3: SOAK OFF

- Soak TGB Removal Foil in pure acetone and wrap tightly around each nail.
- Leave to soak for 10 to 15 minutes, times may vary depending on the thickness of the product left on the nail.

#### STEP 4: REMOVAL

- Remove the foil from one nail whilst keeping the others wrapped in acetone.
- Use the pusher end of your ProPrep tool to gently remove the product.
- If any stubborn product remains, re-wrap the nail and leave the gel to soak for 5-10 more minutes, repeat as necessary.
- Use the TGB ProPrep pusher end to remove any remaining product.
- Make sure you support the customer's natural nail tip with your finger while removing the gel to avoid bending or snapping the nail.

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### BIAB™ REMOVAL

## STEP 5: BUFF AND SHAPE

- If there is any base coat/BIAB™ residue left, then use a TGB 100/180 Buffer to gently buff it off. Be careful to avoid over-filing.
- Once all product is removed, apply a generous amount of Cuticle Essence.

## LEARN MORE WITH TGB ACADEMY – BIAB™

The BIAB™ Natural Nails course is a must for all technicians. Add another service to your offering with our ABT and Guild-accredited course.

Learn everything there is to know about the original Builder In A Bottle™, aka BIAB™. This TGB innovation remains a bestseller, providing a flexible, strong builder gel formula in a range of colours and finishes, as well as a HEMA-free formula. BIAB™ strengthens weak and brittle nails so your clients can grow their natural nails longer.

### WHAT TO EXPECT

Get to know the cult product of the nail industry, including the types of BIAB™ and their uses. With BIAB™ you'll take your business to the next level.

You will learn how to correctly apply the nail tech essential, creating the perfect apex as part of a natural nail overlay. You'll also be taught how to extend or fix a nail using Clear BIAB™, infill a BIAB™ treatment AND how to safely remove both soak-off and file-off formulas.

Master the cult product that has become a nail tech essential worldwide.

**Visit [thegelbottle-academy.com](https://thegelbottle-academy.com) to book your place today!**

