



PREP

- Sanitise your own and your client's hands.
- Use a cuticle pusher to push back the cuticles before trimming away the excess with nippers.
- File nails into shape using The GelBottle 220/240 Grit File. Gently buff nails using a 100/180 Grit Buffer to remove any shine.
- Dehydrate and cleanse the nail plate using 100% pure acetone. No "prep-and-wipe" or "scrub-fresh" solutions.

BASE COAT

- Apply a base coat of BIAB™, 2in1 Base, Rubber Base or All-in-1 BIAB™.
- Seal the free edge.
- Cure for 60 seconds in TGB Light the Way nail lamp or if using Rubber Base, BIAB™ OR All-in-one BIAB™, cure for 99 seconds on low heat mode. The lamp has been specifically designed to cure TGB products. We do not recommend the use of other lamps.



NAIL ART

- Pick up a small amount of Studio Gel[™] on your nail art brush (a little goes a long way) by dipping the brush straight into the product (no need to stir).
- Begin creating your design. Studio Gel[™] can be applied over a TGB base coat, BIAB[™] and All-in-one BIAB[™].
- For thin lines/ small nail art, cure for 30 seconds 48W lamp or above LED light, 1 minute UV (we recommend using the TGB Light the Way nail lamp).
- For perfect application, we recommend using TGB Nail Art Brushes specifically Liner and Detail ranges.
- Once you have finished your design, and cured in between, finish the look by applying a TGB top coat (we recommend using the TGB Light the Way nail lamp).

FULL COVER

- Pick up a small amount of Studio Gel™ using the TGB Round 02 nail art brush and apply a thin layer to the nail.
- Cure for 60 seconds using a 48W lamp, LED light or 2 minutes on a UV lamp (we recommend using the TGB Light the Way nail lamp).
- Apply a second thin layer of Studio Gel[™] and cure again for 60 seconds (please ensure you are curing between layers).
- If the finish looks streaky do not worry! Once you apply Extreme Shine Top it will even out the coverage giving you the perfect glossy finish.



TOP TIPS

- For perfect application, we recommend using a clean, fresh non-hydrated nail art brush.
- After you've cleaned your brush with acetone, wipe thoroughly with a lint wipe we find that this makes the bristles smooth and soft for the best application.
- Protect your nail art brushes from sunlight by keeping the cap on when not in use.
- Keep Studio Gel^{TM} out of direct sunlight. Ensure the lid is secured on the pot when not in use.

TOP COAT

- Apply Extreme Shine Top, Rubber Top, Matte Top or All-in-1 BIAB™ and seal the free edge.
- Cure using the Light the Way Lamp for 60 seconds. If using Matte Top or Rubber Top, cure for 99 seconds on low heat mode to avoid heat spikes.
- There is no need to wipe or cleanse after curing.
- *Only All-in-1 BIAB™ needs to be cleansed or buffed after curing to remove tacky layer*



TOP COAT REMOVAL

• Using the 120/180 Grit File, remove the top coat by filing the entire surface of the leftover gel polish until the shine has gone completely.

SOAK OFF

- Soak TGB Lint Free Wipes in plenty of 100% acetone and wrap fingers in foil or place them (folded) in nail clips on each finger.
- Leave to soak for 10 to 15 minutes. Times may vary depending on the products used, such as nail art, glitter, and number of layers.

REMOVAL

- Remove the foil or clip from one nail whilst keeping the other nails wrapped in acetone. Use a cuticle pusher to gently scrape away the gel.
- Do not force the gel off. If it is still hard, allow the gel to soak for longer.
- Use a sharp Cuticle Pusher to remove any remaining soaked gel.
- Support your client's natural nail tip with your finger while removing the gel to avoid bending or snapping the nail.



BUFF AND SHAPE

- If there is any base coat residue left, use a 100/180 Grit Buffer to gently remove.
- Any base coat left on the nail plate needs to be only slightly buffed to avoid over buffing the natural nail. Concentrate on areas around the cuticles.