

THE GELBOTTLE INC

# GEL POLISH

*(ORIGINAL, HEMA-FREE & BLOOMING GEL)*

## APPLICATION GUIDE



# GEL POLISH

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## BASE COAT RANGE

There are three base coats to choose from before continuing your gel polish service. Ensure you use the correct one for your client.

### **TGB 2-IN-1 BASE COAT**

- Designed for strong natural nails with a built-in primer to ensure long lasting wear.
- We recommend using the 2-In-1 Base Coat on clients with natural strong and healthy nails or for pedicures.

### **TGB RUBBER BASE**

- A base coat that is flexible and bends with the nail. Rubber Base is designed to give extra strength to flaky, brittle, thin or splitting nails.
- We recommend using Rubber Base on all clients and nail types for a strengthening addition to your gel polish manicure.

### **BOND BASE**

- A game-changing base coat that flexes and bends with the natural nail to reduce lifting and breakages. Complete your sets with our HEMA-Free Glow Top.
- We recommend Bond Base for clients with a confirmed HEMA allergy.

# GEL POLISH

## ORIGINAL

### APPLICATION GUIDE

## STEP 1 : NAIL PREP

- Sanitise your and your customer's hands.
- Use a cuticle pusher – like ProPrep from our TGB Tools Range – to push back the cuticles before trimming away excess with nippers. We recommend the ProNip cuticle nippers.
- File nails into the desired shape using a TGB 220/240 File.
- Gently buff nails using a TGB 100/180 Buffer to remove any shine.
- Dehydrate and cleanse the nail plate using 100% pure acetone.

## STEP 2: BASE COAT

- Apply a thin and precise layer of your chosen TGB Base Coat.
- Cure for 99 seconds on Low Heat Mode.

We do not recommend the use of other lamps. If the customer experiences a 'heat spike', remove the nails from the lamp. Lost seconds must be regained using Low Heat Mode again.

# GEL POLISH

## ORIGINAL

### APPLICATION GUIDE

#### STEP 3: FIRST COLOUR COAT

- Apply a thin coat of any TGB Gel Polish colour. Use a liner brush to perfect the cuticle and side walls if necessary.
- Cure using the TGB Light The Way Nail Lamp for 60 seconds.

#### STEP 4: SECOND COLOUR COAT

- Apply a second even coat of colour. Use a liner brush to perfect the cuticle and side walls if necessary.
- Cure using the TGB Light The Way Nail Lamp for 60 seconds.

#### STEP 5: TOP COAT LAYER

- Apply your chosen TGB Top Coat.
- Cure using the TGB Light The Way Nail Lamp for 60 seconds

#### STEP 6: FINISH

- Apply a small amount of Cuticle Essence to each cuticle, avoiding contact with the nail to minimise dulling of the top coat.

# GEL POLISH

## HEMA-FREE PAINT

### APPLICATION GUIDE

HEMA-Free Paint should only be used with HEMA-Free Bond Base, Glow Top or Rubber Base.

## STEP 1: NAIL PREP

- Sanitise your and your customer's hands.
- Use a cuticle pusher – like ProPrep from our TGB Tools Range – to push back the cuticles before trimming away excess with nippers. We recommend the ProNip cuticle nippers.
- File nails into desired shape using a TGB 220/240 File.
- Gently buff nails using a TGB 100/180 Buffer to remove any shine.
- Dehydrate and cleanse the nail plate using 100% pure acetone or IPA.

## STEP 2: BASE COAT

- Apply a thin and precise layer of TGB Bond Base.
- Cure for 99 seconds on Low Heat Mode.

We do not recommend the use of other lamps. If the customer experiences a 'heat spike', remove the nails from the lamp. Lost seconds must be regained using Low Heat Mode again.

## STEP 3: FIRST COLOUR COAT

- Apply a thin coat of any TGB Hema-Free Paint. Use a liner brush to perfect the cuticle and side walls if necessary.
- Cure using the TGB Light The Way Lamp for 60 seconds.

# GEL POLISH

## HEMA-FREE PAINT

### APPLICATION GUIDE

#### STEP 4: SECOND COLOUR COAT

- Apply a second even coat of colour. Use a liner brush to perfect the cuticle and side walls if necessary.
- Cure using the TGB Light The Way Lamp for 60 seconds.

#### STEP 5: TOP COAT LAYER

- Apply your preferred Hema-Free Top Coat either TGB Glow Top or Rubber Top 2.0.
- Cure using the TGB Light The Way Nail Lamp for 99 seconds.

#### STEP 6: FINISH

- Apply a small amount of Cuticle Essence to each cuticle, avoiding contact with the nail to minimise dulling of the top coat.

# GEL POLISH

## BLOOMING GEL

### APPLICATION GUIDE

## STEP 1: NAIL PREP

- Sanitise your and your customer's hands.
- Use a cuticle pusher — like ProPrep from our TGB Tools Range — to push back the cuticles before trimming away excess with nippers. We recommend the ProNip cuticle nippers.
- File nails into the desired shape using a TGB 220/240 File.
- Gently buff nails using a TGB 100/180 Buffer to remove any shine.
- Dehydrate and cleanse the nail plate using 100% pure acetone.

## STEP 2: BASE COAT

- Apply a thin and precise layer of your chosen TGB Base Coat.
- Cure for 99 seconds on Low Heat Mode.

We do not recommend the use of other lamps. If the customer experiences a 'heat spike', remove the nails from the lamp. Lost seconds must be regained using Low Heat Mode again.

## STEP 3: FIRST COLOUR COAT

- Apply a second even coat of colour. Use a liner brush to perfect the cuticle and side walls if necessary.
- Cure using the TGB Light The Way Lamp for 60 seconds.

# GEL POLISH

## BLOOMING GEL

### APPLICATION GUIDE

#### STEP 4: SECOND COLOUR COAT

- Apply a second even coat of colour. Use a liner brush to perfect the cuticle and side walls if necessary.
- Cure using the TGB Light The Way Lamp for 60 seconds.

#### STEP 5: BLOOMING GEL APPLICATION

- Apply an even layer of Blooming Gel – DO NOT CURE.
- Using a liner/dotting tool, draw the design into the wet product with your chosen TGB Colour.
- Allow the design to disperse within the blooming gel before curing for 60 seconds in the TGB Light The Way Nail Lamp.

#### STEP 6: TOP COAT LAYER

- Apply your chosen TGB Top Coat.
- Cure using the TGB Light The Way Nail Lamp for 60 seconds.

#### STEP 6: FINISH

- Apply a small amount of Cuticle Essence to each cuticle, avoiding contact with the nail to minimise dulling of the top coat.





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## REMOVAL

### STEP 1: PREP

- Sanitise your and your customer's hands.

### STEP 2: PRODUCT REMOVAL

- Using the 120/180 File, remove the top coat by filing the entire surface of the leftover gel polish until the shine has gone completely.

### STEP 3: SOAK OFF

- Soak TGB Removal Foil in pure acetone and wrap tightly around each nail.
- Leave to soak for 10 to 15 minutes, times may vary depending on the products used such as; nail art, glitter and number of layers.

### STEP 4: REMOVAL

- Remove the foil from one nail whilst keeping the others wrapped in acetone.
- Don't force the gel off, if it is still hard, allow the gel to soak for longer.
- Use the TGB ProPrep tool to remove any remaining soaked gel.
- Make sure you support the customer's natural nail tip with your finger while removing the gel to avoid bending or snapping the nail.

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## REMOVAL

### STEP 5: BUFF AND SHAPE

- If there is any TGB Base Coat residue left, use a TGB 100/180 Buffer to gently buff it off.
- Any TGB Base Coat left on the nail plate needs to be only slightly buffed to avoid over buffing the natural nail, concentrating on areas around the cuticles.

### STEP 6: FINISH

- Once all product is removed, apply a generous amount of Cuticle Essence.

# LEARN MORE WITH TGB ACADEMY

## GEL POLISH

Study with TGB Academy on the ABT and Guild-accredited Gel Polish Beginner course and learn everything you need to know to become a confident and successful nail technician with all the necessary skills to begin your career in the nail industry.

## WHAT TO EXPECT

This course covers nail health, safety and hygiene including the anatomy and physiology of the natural nail and skin, as well as any contra-actions and contraindications. You will leave this course with an in-depth knowledge of nail care, nail preparation, proper TGB Gel Polish application techniques and safe removal tips.

You will also learn massage techniques using the luxurious TGB SPA™ range to elevate your gel polish services.

Start your journey with TGB today and we'll support you throughout your career. There's no better place to begin – so why wait?

<https://thegelbottle-academy.com/en/>

