THE GELBOTTLE INC

BIAB™

APPLICATION GUIDE



BIAB™ APPLICATION
APPLICATION GUIDE

Within our BIAB™ range we have five formulations. A good understanding of the differences is important to get the most out of these products.

ORIGINAL BIAB™:

Our Original BIAB™ formula easily builds natural nail overlays for extra strength and includes a built-in base coat, so applies directly to the nail.

FILE-OFF BIAB™:

White, Clear and Milky create beautiful natural overlays. These are the only BIAB™ recommended for building short extensions, extending the natural nail by 2-3mm. Our File Off BIAB™ range does not include a built-in base coat, so must be used with Rubber Base.

HEMA-FREE BIAB™:

Our medium viscosity HEMA-Free Builder In A Bottle™ can be added as a strengthening layer, or as a natural nail overlay. There is no built-in base coat, so this range must be used with our HEMA-Free Bond Base.

ALL-IN-ONE BIAB™:

All-In-One BIAB™ is a self-levelling, medium viscosity builder gel, containing 50% less HEMA than Original BIAB™, and the only gel required to apply DesignEx Pro™. Our All-In-One BIAB™ range includes a built-in base coat, so applies directly to the nail.

SIX-IN-ONE BIAB™:

Create strong, durable, long-lasting overlays with our Sheer, Shimmer, and Pastel BIAB™ shades. Cater to every client with a range of finishes designed to streamline application thanks to our innovative Apply & Go formula.

BIAB™ APPLICATION

APPLICATION GUIDE

ORIGINAL BIAB™

STEP 1: NAIL PREP

- Sanitise your and your customer's hands.
- Use a cuticle pusher – like ProPrep from our TGB Tools Range – to push back the cuticles before trimming away excess with nippers. We recommend the ProNip cuticle nippers for this.
- File nails into the desired shape using a TGB 220/240 File.
- Gently buff nails using a TGB 100/180 Buffer to remove any shine.
- Dehydrate and cleanse the nail plate using 100% pure acetone.

STEP 2: FIRST LAYER

- Apply a thin layer of your chosen BIAB™ to the natural nail.
- Cure for 99 seconds on Low Heat Mode in the TGB Light The Way Nail Lamp.

We do not recommend the use of other lamps. If the customer experiences a 'heat spike', remove the nails from the lamp. Lost seconds must be regained using Low Heat Mode again.

BIAB™ APPLICATION

APPLICATION GUIDE

ORIGINAL BIAB™

STEP 3: SECOND LAYER

- Apply a medium bead of TGB BIAB™, spreading from side to side and dragging away from the cuticle area. Avoid thick build-up around the free edge.
- Build and cure one nail at a time and turn the hand over to help create the apex.
- Cure for 99 seconds on Low Heat Mode in the TGB Light The Way Nail Lamp.

STEP 4: THIRD LAYER

- Apply a second medium bead of TGB BIAB™, spreading side to side and dragging away from the cuticle area. Avoid thick build-up around the free edge.
- Build and cure one nail at a time and turn the hand over to help create the apex.
- Cure for 99 seconds on Low Heat Mode in the TGB Light The Way Nail Lamp.

STEP 5: REFINE

- Remove the tacky layer with acetone or isopropyl alcohol.
- Refine the nail using a TGB 120/180 File.
- Buff into shape using a TGB 100/180 Buffer, concentrating on reducing the product around the cuticle area and the free edge.
- Remove any dust with the Dusting Brush and wipe with isopropyl alcohol.

STEP 6: TOP COAT LAYER

- If nails are to be finished with TGB Gel Colour, follow the 'TGB Gel Polish Application' steps.
- Apply your chosen TGB Top Coat.
- Cure using the TGB Light The Way Nail Lamp for 60 seconds.
- Apply a small amount of Cuticle Essence to each cuticle, avoiding contact with the nail to minimise dulling of the top coat.

APPLICATION GUIDE

FILE-OFF BIAB™

BIAB™ APPLICATION
APPLICATION GUIDE

FILE-OFF BIAB™

STEP 1: NAIL PREP

- Sanitise your and your customer's hands.
- Use a cuticle pusher – like ProPrep from our TGB Tools Range – to push back the cuticles before trimming away excess with nippers. We recommend the ProNip cuticle nippers.
- File nails into the desired shape using a TGB 220/240 File.
- Gently buff nails using a TGB 100/180 Buffer to remove any shine.
- Dehydrate and cleanse the nail plate using 100% pure acetone.

STEP 2: BASE LAYER

- Apply a thin layer of Rubber Base to the natural nail.
- Cure for 99 seconds on Low Heat Mode in the TGB Light The Way Nail Lamp.

We do not recommend the use of other lamps. If the customer experiences a 'heat spike', remove the nails from the lamp. Lost seconds must be regained using Low Heat Mode again.

STEP 3: FIRST LAYER

- Apply a thin layer of File-Off BIAB™ to the natural nail.
- Cure for 99 seconds on Low Heat Mode in the TGB Light The Way Nail Lamp

BIAB™ APPLICATION
APPLICATION GUIDE

FILE-OFF BIAB™

STEP 4: SECOND LAYER

- Apply a medium bead of File-Off BIAB™, spreading from side to side and dragging away from the cuticle area. Avoid thick build-up around the free edge.
- Build and cure one nail at a time and turn the hand over to help create the apex.
- Cure for 99 seconds on Low Heat Mode in the TGB Light The Way Nail Lamp

STEP 5: THIRD LAYER

- Apply a second medium bead of File-Off BIAB™, spreading from side to side and dragging away from the cuticle area. Avoid thick build-up around the free edge.
- Build and cure one nail at a time and turn the hand over to help create the apex.
- Cure for 99 seconds on Low Heat Mode in the TGB Light The Way Nail Lamp.

STEP 6: REFINE

- Remove the tacky layer with acetone or isopropyl alcohol.
- Refine the nail using a TGB 120/180 File.
- Buff into shape using a TGB 100/180 Buffer, concentrating on reducing the product around the cuticle area and the free edge.
- Remove any dust with the Dusting Brush and wipe with isopropyl alcohol.

STEP 7: TOP COAT LAYER

- If nails are to be finished with TGB Gel Colour, follow the 'TGB Gel Polish Application' steps.
- Apply your chosen TGB Top Coat.
- Cure using the TGB Light The Way Nail Lamp for 60 seconds.
- Apply a small amount of Cuticle Essence to each cuticle, avoiding contact with the nail to minimise dulling of the top coat.

APPLICATION GUIDE

HEMA-FREE BIAB™

BIAB™ APPLICATION
APPLICATION GUIDE

HEMA-FREE BIAB™

STEP 1: NAIL PREP

- Sanitise your and your customer's hands.
- Use a cuticle pusher – like ProPrep from our TGB Tools Range – to push back the cuticles before trimming away excess with nippers. We recommend the ProNip cuticle nippers.
- File nails into the desired shape using a TGB 220/240 File.
- Gently buff nails using a TGB 100/180 Buffer to remove any shine.
- Dehydrate and cleanse the nail plate using 100% pure acetone.

STEP 2: BASE LAYER

- Apply a thin layer of Bond Base to the natural nail.
- Cure for 99 seconds on Low Heat Mode in the TGB Light The Way Nail Lamp.

We do not recommend the use of other lamps. If the customer experiences a 'heat spike', remove the nails from the lamp. Lost seconds must be regained using Low Heat Mode again.

STEP 3: FIRST LAYER

- Apply a thin layer of your chosen HEMA-Free BIAB™ to the natural nail.
- Cure for 99 seconds on Low Heat Mode in the TGB Light The Way Nail Lamp.

HEMA-FREE BIAB™

STEP 4: SECOND LAYER

- Apply a medium bead of HEMA-Free BIAB™, spreading from side to side and dragging away from the cuticle area. Avoid thick build-up around the free edge.
- Build and cure one nail at a time and turn the hand over to help create the apex.
- Cure for 99 seconds on Low Heat Mode in the TGB Light The Way Nail Lamp.

STEP 5: THIRD LAYER

- Apply a second medium bead of HEMA-Free BIAB™, spreading from side to side and dragging away from the cuticle area. Avoid thick build-up around the free edge.
- Build and cure one nail at a time and turn the hand over to help create the apex.
- Cure for 99 seconds on Low Heat Mode in the TGB Light The Way Nail Lamp.

STEP 6: REFINE

- Remove the tacky layer with acetone or isopropyl alcohol.
- Refine the nail using a TGB 120/180 File.
- Buff into shape using a TGB 100/180 Buffer, concentrating on reducing the product around the cuticle area and the free edge.
- Remove any dust with the Dusting Brush and wipe with isopropyl alcohol.

STEP 7: TOP COAT LAYER

- If nails are to be finished with TGB HEMA-Free Paint, follow the steps in the 'TGB Gel Polish Application'.
- Apply your chosen HEMA-Free TGB Top Coat.
- Cure using the TGB Light The Way Nail Lamp for 60 seconds.
- Apply a small amount of Cuticle Essence to each cuticle, avoiding contact with the nail to minimise dulling of the top coat.

APPLICATION GUIDE

ALL-IN-ONE BIAB™
& SIX-IN-ONE BIAB™

BIAB™ APPLICATION
APPLICATION GUIDE

ALL-IN-ONE BIAB™ & SIX-IN-ONE BIAB™

STEP 1: NAIL PREP

- Sanitise your and your customer's hands.
- Use a cuticle pusher – like ProPrep from our TGB Tools Range – to push back the cuticles before trimming away excess with nippers. We recommend the ProNip cuticle nippers.
- File nails into the desired shape using a TGB 220/240 File.
- Gently buff nails using a TGB 100/180 Buffer to remove any shine.
- Dehydrate and cleanse the nail plate using 100% pure acetone.

STEP 2: FIRST LAYER

- Apply a thin layer of your chosen All-In-One BIAB™ or Six-In-One BIAB™ to the natural nail.
- Cure for 99 seconds on Low Heat Mode in the TGB Light The Way Nail Lamp.

We do not recommend the use of other lamps. If the customer experiences a 'heat spike', remove the nails from the lamp. Lost seconds must be regained using Low Heat Mode again.

STEP 3: SECOND LAYER

- Apply a medium bead of All-In-One BIAB™ or Six-In-One BIAB™, spreading from side to side and dragging away from the cuticle area. Avoid thick build-up around the free edge.
- Build and cure one nail at a time and turn the hand over to help create the apex.
- Cure for 99 seconds on Low Heat Mode in the TGB Light The Way Nail Lamp.

STEP 4: THIRD LAYER

- Apply a second medium bead of All-In-One BIAB™ or Six-In-One BIAB™, spreading from side to side and dragging away from the cuticle area. Avoid thick build-up around the free edge.
- Build and cure one nail at a time and turn the hand over to help create the apex.
- Cure for 99 seconds on Low Heat Mode in the TGB Light The Way Nail Lamp.

STEP 5: REFINE

- Remove the tacky layer with acetone or isopropyl alcohol.
- Leave the nails as they are, or choose to refine and add a Top Coat for maximum shine and longevity.
- Refine the nail using a TGB 120/180 File.
- Buff into shape using a TGB 100/180 Buffer, concentrating on reducing the product around the cuticle area and the free edge.
- Remove any dust with the Dusting Brush and wipe with isopropyl alcohol.

STEP 6: TOP COAT LAYER

- If nails are to be finished with TGB Gel Colour, follow the 'TGB Gel Polish Application' steps.
- Apply your chosen TGB Top Coat.
- Cure using the TGB Light The Way Nail Lamp for 60 seconds.

APPLICATION GUIDE

BIAB™ REMOVAL

(ORIGINAL, HEMA-FREE, ALL-IN-ONE BIAB™ AND SIX-IN-ONE BIAB™)

BIAB™ APPLICATION

APPLICATION GUIDE

BIAB™ REMOVAL

(ORIGINAL, HEMA-FREE, ALL-IN-ONE BIAB™ AND SIX-IN-ONE BIAB™)

STEP 1: PREP

- Sanitise your own and your customer's hands.

STEP 2: TOP COAT REMOVAL

- Using the 120/180 File, remove the top coat.

STEP 3: SOAK OFF

- Soak TGB Removal Foil in pure acetone and wrap tightly around each nail.
- Leave to soak for 10 to 15 minutes, times may vary depending on the thickness of the product left on the nail.

STEP 4: REMOVAL

- Remove the foil from one nail whilst keeping the others wrapped in acetone.
- Use the pusher end of your ProPrep tool to gently scrape away the gel.
- Don't force the gel off, if it is still hard, re-wrap the nail and leave the gel to soak for 5-10 more minutes, repeat as necessary.
- Use the TGB ProPrep pusher end to remove any remaining soaked gel.
- Make sure you support the customer's natural nail tip with your finger while removing the gel to avoid bending or snapping the nail.

BIAB™ REMOVAL

(ORIGINAL, HEMA-FREE, ALL-IN-ONE BIAB™ AND SIX-IN-ONE BIAB™)

STEP 5: BUFF AND SHAPE

- If there is any base coat/BIAB™ residue left, then use a TGB 100/180 Buffer to gently buff it off.
- Any base coat left on the nail plate needs to only be slightly buffed to avoid over-buffing the natural nail. Concentrate on areas around the cuticles.
- Once all product is removed, apply a generous amount of Cuticle Essence.

APPLICATION GUIDE

FILE-OFF BIAB™ REMOVAL

BIAB™ APPLICATION

APPLICATION GUIDE

FILE-OFF BIAB™ REMOVAL

STEP 1: PREP

- Sanitise your own and your customer's hands.

STEP 2: DEBULK

- Using the 120/180 File, debulk the BIAB™ until you have removed all BIAB™ and are left with the base coat layer.

STEP 3: SOAK OFF

- Soak TGB Removal Foil in pure acetone and wrap tightly around each nail.
- Leave to soak for five minutes. Please note, times may vary depending on the thickness of the base coat left on the nail.

STEP 4: REMOVAL

- Remove the foil from one nail whilst keeping the others wrapped in acetone.
- Use the pusher end of your ProPrep tool to gently scrape away the gel.
- Don't force the gel off, if it is still hard, re-wrap the nail and leave the gel to soak or 5-10 more minutes, repeat as necessary.
- Use the TGB ProPrep pusher end to remove any remaining soaked gel.
- Make sure you support the customer's natural nail tip with your finger while removing the gel to avoid bending or snapping the nail.

STEP 5: BUFF AND SHAPE

- If there is any base coat/BIAB™ residue left, then use a TGB 100/180 Buffer to gently buff it off.
- Any base coat left on the nail plate needs to only be slightly buffed to avoid over-buffing the natural nail. Concentrate on areas around the cuticles.
- Once all product is removed, apply a generous amount of Cuticle Essence.

LEARN MORE WITH TGB ACADEMY – BIAB™

The BIAB™ Natural Nails course is a must for all technicians.
Add another service to your offering with our ABT and Guild-accredited course.

Learn everything there is to know about the original Builder In A Bottle™, aka BIAB™. This TGB innovation remains a bestseller, providing a flexible, strong builder gel formula in a range of colours and finishes, as well as a HEMA-free formula. BIAB™ strengthens weak and brittle nails so your clients can grow their natural nails longer.

WHAT TO EXPECT

Get to know the cult product of the nail industry, including the types of BIAB™ and their uses. With BIAB™ you'll take your business to the next level.

You will learn how to correctly apply the nail tech essential, creating the perfect apex as part of a natural nail overlay. You'll also be taught how to extend or fix a nail using Clear BIAB™, infill a BIAB™ treatment AND how to safely remove both soak-off and file-off formulas.

Master the cult product that has become a nail tech essential worldwide and book your place today!

https://thegelbottle-academy.com/en/

