

THE GELBOTTLE INC

**BIAB™**

APPLICATION GUIDE



# BIAB™ APPLICATION

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Within our BIAB™ range we have four formulations. A good understanding of the differences is important to getting the most out of these products.

### ORIGINAL BIAB™:

Our Original BIAB™ formula easily builds natural nail overlays for extra strength and includes a built-in base coat, so applies directly to the nail.

### FILE OFF BIAB™:

White, Clear and Milky create beautiful natural overlays. These are the only BIAB™ recommended for building short extensions, extending the natural nail by 2–3mm. Our File Off BIAB™ range does not include a built-in base coat, so must be used with Rubber Base.

### HEMA-FREE BIAB™:

Our medium viscosity HEMA-Free Builder In A Bottle can be added as a strengthening layer, or as a natural nail overlay. There is no built-in base coat, so this range must be used with our HEMA-Free Bond Base.

### ALL-IN-ONE BIAB™:

All-In-One BIAB™ is a self-levelling, medium viscosity builder gel, containing 50% less HEMA than Original BIAB™, and the only gel required to apply DesignEx Pro™. Our All-In-One BIAB™ range includes a built-in base coat, so applies directly to the nail.

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### ORIGINAL BIAB™

## STEP 1 : NAIL PREP

- Sanitise your and your customer's hands.
- Use a cuticle pusher — like ProPrep from our TGB Tools Range — to push back the cuticles before trimming away excess with nippers. We recommend the ProNip cuticle nippers for this.
- File nails into the desired shape using a TGB 220/240 File.
- Gently buff nails using a TGB 100/180 Buffer to remove any shine.
- Dehydrate and cleanse the nail plate using 100% pure acetone.

## STEP 2: FIRST LAYER

- Apply a thin layer of your chosen BIAB™ to the natural nail.
- Cure for 99 seconds on Low Heat Mode in the TGB Light The Way Nail Lamp.

We do not recommend the use of other lamps. If the customer experiences a 'heat spike', remove the nails from the lamp. Lost seconds must be regained using Low Heat Mode again.

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### ORIGINAL BIAB™

## STEP 3: SECOND LAYER

- Apply a medium bead of TGB BIAB™, spreading from side to side and dragging away from the cuticle area. Avoid thick build-up around the free edge.
- Build and cure one nail at a time and turn the hand over to help create the apex.
- Cure for 99 seconds on Low Heat Mode in the TGB Light The Way Nail Lamp

## STEP 4: THIRD LAYER

- Apply a second medium bead of TGB BIAB™, spreading side to side and dragging away from the cuticle area. Avoid thick build-up around the free edge.
- Build and cure one nail at a time and turn the hand over to help create the apex.
- Cure for 99 seconds on Low Heat Mode in the TGB Light The Way Nail Lamp.

## STEP 5: REFINE

- Remove the tacky layer with acetone or isopropyl alcohol.
- Refine the nail using a TGB 120/180 File.
- Buff into shape using a TGB 100/180 Buffer, concentrating on reducing the product around the cuticle area and the free edge.
- Remove any dust with the Dusting Brush and wipe with isopropyl alcohol.

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### ORIGINAL BIAB™

## STEP 6: TOP COAT LAYER

- If nails are to be finished with TGB Gel Colour, follow the 'TGB Gel Polish Application' steps.
- Apply your chosen TGB Top Coat.
- Cure using the TGB Light The Way Nail Lamp for 60 seconds.
- Apply a small amount of Cuticle Essence to each cuticle, avoiding contact with the nail to minimise dulling of the top coat.



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### FILE OFF BIAB™

## STEP 1: NAIL PREP

- Sanitise your and your customer's hands.
- Use a cuticle pusher – like ProPrep from our TGB Tools Range – to push back the cuticles before trimming away excess with nippers. We recommend the ProNip cuticle nippers.
- File nails into the desired shape using a TGB 220/240 File.
- Gently buff nails using a TGB 100/180 Buffer to remove any shine.
- Dehydrate and cleanse the nail plate using 100% pure acetone.

## STEP 2: BASE LAYER

- Apply a thin layer of Rubber Base to the natural nail.
- Cure for 99 seconds on Low Heat Mode in the TGB Light The Way Nail Lamp.

We do not recommend the use of other lamps. If the customer experiences a 'heat spike', remove the nails from the lamp. Lost seconds must be regained using Low Heat Mode again.

## STEP 3: FIRST LAYER

- Apply a thin layer of File Off BIAB™ to the natural nail.
- Cure for 99 seconds on Low Heat Mode in the TGB Light The Way Nail Lamp

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### FILE OFF BIAB™

#### STEP 4: SECOND LAYER

- Apply a medium bead of File Off BIAB™, spreading from side to side and dragging away from the cuticle area. Avoid thick build-up around the free edge.
- Build and cure one nail at a time and turn the hand over to help create the apex.
- Cure for 99 seconds on Low Heat Mode in the TGB Light The Way Nail Lamp.

#### STEP 5: THIRD LAYER

- Apply a second medium bead of File Off BIAB™, spreading from side to side and dragging away from the cuticle area. Avoid thick build-up around the free edge.
- Build and cure one nail at a time and turn the hand over to help create the apex.
- Cure for 99 seconds on Low Heat Mode in the TGB Light The Way Nail Lamp.

#### STEP 6: REFINE

- Remove the tacky layer with acetone or isopropyl alcohol.
- Refine the nail using a TGB 120/180 File.
- Buff into shape using a TGB 100/180 Buffer, concentrating on reducing the product around the cuticle area and the free edge.
- Remove any dust with the Dusting Brush and wipe with isopropyl alcohol.



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### FILE OFF BIAB™

## STEP 7: TOP COAT LAYER

- If nails are to be finished with TGB Gel Colour, follow the 'TGB Gel Polish Application' steps.
- Apply your chosen TGB Top Coat.
- Cure using the TGB Light The Way Nail Lamp for 60 seconds.
- Apply a small amount of Cuticle Essence to each cuticle, avoiding contact with the nail to minimise dulling of the top coat.



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### HEMA-FREE BIAB™

## STEP 1: NAIL PREP

- Sanitise your and your customer's hands.
- Use a cuticle pusher – like ProPrep from our TGB Tools Range – to push back the cuticles before trimming away excess with nippers. We recommend the ProNip cuticle nippers.
- File nails into the desired shape using a TGB 220/240 File.
- Gently buff nails using a TGB 100/180 Buffer to remove any shine.
- Dehydrate and cleanse the nail plate using 100% pure acetone.

## STEP 2: BASE LAYER

- Apply a thin layer of Bond Base to the natural nail.
- Cure for 99 seconds on Low Heat Mode in the TGB Light The Way Nail Lamp.

We do not recommend the use of other lamps. If the customer experiences a 'heat spike', remove the nails from the lamp. Lost seconds must be regained using Low Heat Mode again.

## STEP 3: FIRST LAYER

- Apply a thin layer of your chosen HEMA-Free BIAB™ to the natural nail.
- Cure for 99 seconds on Low Heat Mode in the TGB Light The Way Nail Lamp.

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### HEMA-FREE BIAB™

#### STEP 4: SECOND LAYER

- Apply a medium bead of HEMA-Free BIAB™, spreading from side to side and dragging away from the cuticle area. Avoid thick build-up around the free edge.
- Build and cure one nail at a time and turn the hand over to help create the apex.
- Cure for 99 seconds on Low Heat Mode in the TGB Light The Way Nail Lamp.

#### STEP 5: THIRD LAYER

- Apply a second medium bead of HEMA-Free BIAB™, spreading from side to side and dragging away from the cuticle area. Avoid thick build-up around the free edge.
- Build and cure one nail at a time and turn the hand over to help create the apex.
- Cure for 99 seconds on Low Heat Mode in the TGB Light The Way Nail Lamp.

#### STEP 6: REFINE

- Remove the tacky layer with acetone or isopropyl alcohol.
- Refine the nail using a TGB 120/180 File.
- Buff into shape using a TGB 100/180 Buffer, concentrating on reducing the product around the cuticle area and the free edge.
- Remove any dust with the Dusting Brush and wipe with isopropyl alcohol.

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### HEMA-FREE BIAB™

## STEP 7: TOP COAT LAYER

- If nails are to be finished with TGB HEMA-Free Paint, follow the steps in the 'TGB Gel Polish Application'
- Apply your chosen HEMA-Free TGB Top Coat.
- Cure using the TGB Light The Way Nail Lamp for 60 seconds.
- Apply a small amount of Cuticle Essence to each cuticle, avoiding contact with the nail to minimise dulling of the top coat.



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### ALL-IN-ONE BIAB™

## STEP 1: NAIL PREP

- Sanitise your and your customer's hands.
- Use a cuticle pusher – like ProPrep from our TGB Tools Range – to push back the cuticles before trimming away excess with nippers. We recommend the ProNip cuticle nippers.
- File nails into the desired shape using a TGB 220/240 File.
- Gently buff nails using a TGB 100/180 Buffer to remove any shine.
- Dehydrate and cleanse the nail plate using 100% pure acetone.

## STEP 2: FIRST LAYER

- Apply a thin layer of your chosen All-In-One BIAB™ to the natural nail.
- Cure for 99 seconds on Low Heat Mode in the TGB Light The Way Nail Lamp.

We do not recommend the use of other lamps. If the customer experiences a 'heat spike', remove the nails from the lamp. Lost seconds must be regained using Low Heat Mode again.

## STEP 3: SECOND LAYER

- Apply a medium bead of All-In-One BIAB™, spreading from side to side and dragging away from the cuticle area. Avoid thick build-up around the free edge.
- Build and cure one nail at a time and turn the hand over to help create the apex.
- Cure for 99 seconds on Low Heat Mode in the TGB Light The Way Nail Lamp.

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### ALL-IN-ONE BIAB™

#### STEP 4: THIRD LAYER

- Apply a second medium bead of All-In-One BIAB™, spreading from side to side and dragging away from the cuticle area. Avoid thick build-up around the free edge.
- Build and cure one nail at a time and turn the hand over to help create the apex.
- Cure for 99 seconds on Low Heat Mode in the TGB Light The Way Nail Lamp.

#### STEP 5: REFINE

- Remove the tacky layer with acetone or isopropyl alcohol.
- Refine the nail using a TGB 120/180 File.
- Buff into shape using a TGB 100/180 Buffer, concentrating on reducing the product around the cuticle area and the free edge.
- Remove any dust with the Dusting Brush and wipe with isopropyl alcohol.

#### STEP 6: TOP COAT LAYER

- If nails are to be finished with TGB Gel Colour, follow the 'TGB Gel Polish Application' steps.
- Apply your chosen TGB Top Coat.
- Cure using the TGB Light The Way Nail Lamp for 60 seconds.
- Apply a small amount of Cuticle Essence to each cuticle, avoiding contact with the nail to minimise dulling of the top coat.





# BIAB™ APPLICATION

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### BIAB™ REMOVAL

(ORIGINAL, HEMA-FREE AND ALL-IN-ONE BIAB™)

## STEP 1: PREP

- Sanitise your own and your customer's hands

## STEP 2: TOP COAT REMOVAL

- Using the 120/180 File, remove the top coat.

## STEP 3: SOAK OFF

- Soak TGB Removal Foil in pure acetone and wrap tightly around each nail.
- Leave to soak for 10 to 15 minutes, times may vary depending on the thickness of the product left on the nail.

## STEP 4: REMOVAL

- Remove the foil from one nail whilst keeping the others wrapped in acetone.
- Use the pusher end of your ProPrep tool to gently scrape away the gel.
- Don't force the gel off, if it is still hard, re-wrap the nail and leave the gel to soak for 5-10 more minutes, repeat as necessary.
- Use the TGB ProPrep pusher end to remove any remaining soaked gel.
- Make sure you support the customer's natural nail tip with your finger while removing the gel to avoid bending or snapping the nail.

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### BIAB™ REMOVAL

*(ORIGINAL, HEMA-FREE AND ALL-IN-ONE BIAB™)*

## STEP 5: BUFF AND SHAPE

- If there is any base coat/BIAB™ residue left, then use a TGB 100/180 Buffer to gently buff it off.
- Any base coat left on the nail plate needs to only be slightly buffed to avoid over-buffing the natural nail. Concentrate on areas around the cuticles.
- Once all product is removed, apply a generous amount of Cuticle Essence.

# LEARN MORE WITH TGB ACADEMY

## BIAB™

The BIAB™ Natural Nails course is a must for all technicians. Add another service to your offering with our ABT and Guild-accredited course.

Learn everything there is to know about the original Builder In A Bottle™, aka BIAB™. This TGB innovation remains a bestseller, providing a flexible, strong builder gel formula in a range of colours and finishes, as well as a HEMA-free formula. BIAB™ strengthens weak and brittle nails so your clients can grow their natural nails longer.

## WHAT TO EXPECT

Get to know the cult product of the nail industry, including the types of BIAB™ and their uses. With BIAB™ you'll take your business to the next level.

You will learn how to correctly apply the nail tech essential, creating the perfect apex as part of a natural nail overlay. You'll also be taught how to extend or fix a nail using Clear BIAB™, infill a BIAB™ treatment AND how to safely remove both soak-off and file-off formulas.

Master the cult product that has become a nail tech essential worldwide and book your place today!

<https://thegelbottle-academy.com/en/>

