

THE GELBOTTLE INC

PROFORM™

APPLICATION GUIDE



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STEP 1 : NAIL PREP

- Sanitise your and your customer's hands.
- Use a cuticle pusher — like ProPrep from our TGB Tools Range — to push back the cuticles before trimming away excess with nippers. We recommend the ProNip cuticle nippers.
- File nails into the desired shape using a TGB 220/240 File.
- Gently buff nails using a TGB 100/180 Buffer to remove any shine.
- Dehydrate and cleanse the nail plate using 100% pure acetone.

STEP 2: FORM APPLICATION

- Apply TGB Nail Forms to each nail to suit the nail curve.
- Make sure there are no gaps between the forms and nails.

STEP 3: BASE COAT

- Apply a thin and precise layer of TGB Rubber Base or Bond Base.
- Cure for 99 seconds on Low Heat Mode.

We do not recommend the use of other lamps. If the customer experiences a 'heat spike', remove the nails from the lamp. Lost seconds must be regained using Low Heat Mode again.

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STEP 4: SECOND LAYER

- Squeeze a bead of product onto the spatula. The bead size depends on length (small for short/medium for long).
- Apply the bead to the stress point where the free edge meets the form.
- Saturate the brush end of the ProSculpt Tool in Slip & Sculpt Solution™ and remove excess liquid on a paper towel.
- If at any point the product becomes too tacky, use the Slip & Sculpt Solution™ to add moisture back to the brush.
- Using a dabbing motion, keep the brush flat and begin moving the product across the free edge, from side wall to side wall, creating the length required.
- Use the Slip & Sculpt Solution™ to add moisture back to the brush if the product becomes too tacky.
- Cure for recommended time (99 seconds Low Heat Mode)

STEP 5: SHAPE THE LENGTH

- Gently remove the form from the client's finger.
- Wipe with acetone to remove the tacky layer and file into shape using the 120/180 File.
- Once you are happy with the shape, remove dust with the Dusting Brush and wipe with acetone.

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STEP 6: CREATE THE STRUCTURE

- Squeeze a small/medium bead of product onto the spatula.
- Apply bead to the natural nail bed.
- Using a dabbing motion, keep the brush flat and begin moving the product across the nail, from side wall to side wall.
- Maintain the dabbing motion to thin the product at the cuticle and side walls, ideally a 1mm gap.
- Use the brush to assist in creating an apex over the stress area.
- Once you are happy with the structure, use light strokes to smooth the surface prior to curing.
- Cure for recommended (99 seconds Low Heat Mode)
- Repeat steps where necessary to add structure.

Please note: Our synthetic brush will not behave like a Kolinsky brush, therefore, you should thoroughly cleanse the brush end of your ProSculpt Tool using pure IPA to return the brush back to its normal shape. Do not use acetone or brush cleaner.

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STEP 7: REFINING

- Remove the form by gently peeling away and pinching the form underneath the product.
- Remove the tacky layer with acetone or isopropyl alcohol.
- Refine the surface of the nail using a TGB 120/180 File.
- Gently file around the cuticle area to thin out the product.
- Shape to the desired nail shape using a TGB 120/180 File.
- Gently buff using a TGB 100/180 Buffer.

STEP 8: COLOUR & TOP COAT

- Cleanse the nail with acetone or isopropyl alcohol
- Apply a thin layer of your chosen base coat and cure.
- Apply any TGB Gel Polish colour, following the gel application steps, or finish with your chosen top coat.
- Cure for 60 seconds in TGB Light the Way Nail Lamp.

STEP 9: FINISH

- Apply a small amount of Cuticle Essence to each cuticle, avoiding contact with the nail to minimise dulling of the top coat.

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REMOVAL

Due to the amount of dust produced from ProForm™ removal, we highly recommend wearing a mask.

STEP 1: PREP

- Sanitise your and your customer's hands.

STEP 2: LENGTH

- Using a TGB E-File (if you are E-File trained) or with a TGB 120/180 File, reduce the length of the extension.

STEP 3: DEBULK

- Once the length has been removed, begin debulking the ProForm™ until you reach the thin layer of Rubber Base.

STEP 4: SOAK

- Soak TGB Removal Foil in pure acetone and wrap tightly around each nail and wait for 5-10 minutes.

STEP 5: REMOVAL STEP

- Start removing one nail at a time.
- Don't force the gel off, if it is still hard, allow the gel to soak for longer.
- Use a sharp TGB Cuticle Pusher to remove the base.
- Make sure you support the customer's natural nail tip with your finger while removing the gel to avoid bending or snapping the nail.
- Repeat this process until all product has been soaked off.

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REMOVAL

STEP 6: BUFF AND SHAPE

- Lightly buff using a TGB 100/180 Buffer and file nails into shape using a TGB 220/240 File.
- Apply TGB Cuticle Essence to replenish the moisture in the nail.

STEP 7: FINISH

- Once all product is removed, apply a generous amount of Cuticle Essence.

LEARN MORE WITH TGB ACADEMY

PROFORM™

Master the ultimate, durable HEMA-free extension system on the ProForm™ Extensions course at TGB Academy. Our ABT and Guild-accredited course will teach you how to create natural nail overlays for repairs, strong and healthy natural nails, or hyper-realistic sculpted extensions of any length.

WHAT TO EXPECT

You'll learn the benefits of ProForm™, plus how to correctly apply and remove ProForm™, create natural overlays for stronger and longer nails, repair broken nails and create hyper-realistic sculpted extensions. Our educators will also show you how to build the correct structure with minimal filing for the perfect shape. The course will discuss the benefits of using ProForm™ and teach you techniques such as a reverse French design.

We will also cover the anatomy and physiology, contraindications, preparation and care of the natural nail.

This smooth, ready-to-use paste delivers the strength of acrylic with the ease of a gel, so what are you waiting for? Book your place at TGB Academy today and elevate your business.

<https://thegelbottle-academy.com/en/>

